



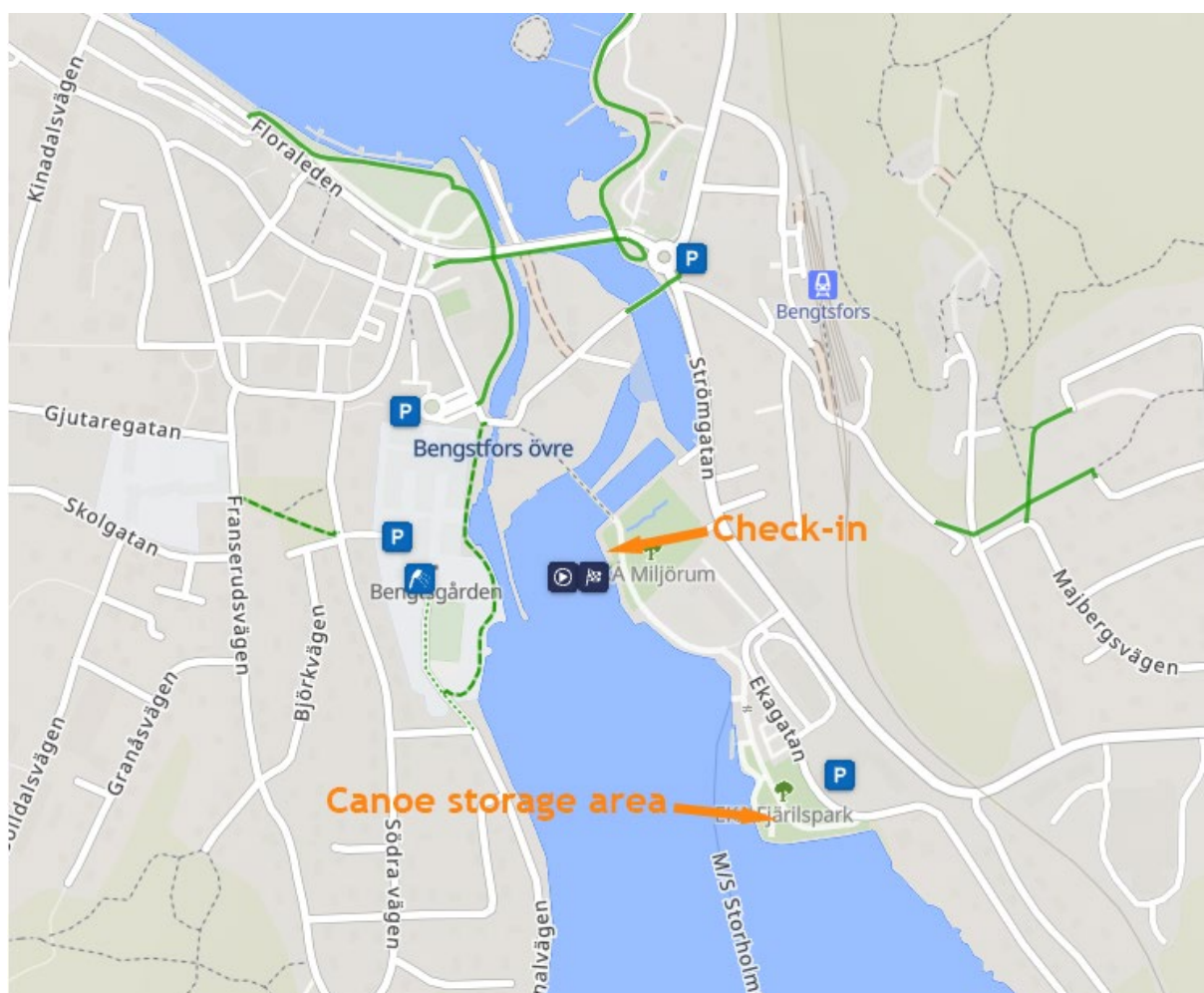
WELCOME TO

Dalsland Canoe Marathon 25 July 2026!

Competition information!

Here is information about everything you need to know before the competition. Please read carefully.

COMPETITION CENTRE IN BENGTSFORS



CHECK-IN

Check-in

Saturday 25 July between 10:00 – 11:30 in Ekaparken at the start and finish area in Bengtsfors.

Number bib and timing

Number bib that was attached visibly to the chest. If you paddle a Canadian or K2, you attach the number bib to the person sitting at the front of the canoe. The number bib contains the chip for the timing so it is important that it is in place.

START

Start

The start is outside Ekaparken in central Bengtsfors. This will take place in the form of a mass start at 12:00 for all classes.

DURING THE RACE

The course

The course is marked by yellow buoys/dunks a bit out from land. You should have these buoys on your left side and land on your right side, it is mandatory to paddle between land and these buoys!

Note:

If you paddle the 40km course, a meeting between canoeists can occur in a short road tunnel, keep to the right and show consideration!

Break the race

A breaker truck is available for those who are forced to retire from the race. If you are forced to retire, **YOU MUST CONTACT** an official at the depots or one of the support boats, which are equipped with red flags. Our breaker truck will then pick you and your canoe up at the appropriate place for transport to the destination.

The lift

It is allowed to bring and use your own caravan. You also get to help each other between the competitors. No one from the audience is allowed to help with the lift! The 40km course contains three lifts, for those who paddle 25km there are two lifts.

In case of thunderstorms and tangible danger

Even though it is a competition, safety must come first, we therefore urge you to seek shelter on land in case of thunderstorms.

Security

Races on water can put participants in dangerous situations. It is therefore necessary that competitors who see a canoeist in an emergency situation use all their strength to rescue the person in distress.

If you start to lose concentration and balance, stay close to shore so you don't have to swim far if you fall in. Feel free to bring a whistle and attach it to the life jacket, it makes it easier to call attention if someone needs a helping hand.

It is a requirement that the canoe must float filled with water. If you do not have an unsinkable kayak with waterproof bulkheads, it is recommended to buy inflatable air cushions that you put in the bow or stern of your kayak.

Life jacket

There are life jacket requirements in all classes. It must be an approved life jacket. This is for your safety.

Maximum times

To make it to Bengtsfors before we close the finish, you have to keep a certain pace. You must therefore pass the depot at Dalslands camping 16:45 (40km), the depot at Slussen in Bengtsfors (on the way home) before 17:50.

If you arrive at the pits after these times, you can continue out of competition or you can get transport to the finish with our breaker

In Bengtsfors, the finish closes at 19:00.

AFTER THE RACE

Shower

Shower is located in the sports hall about 400 meters from the finish. The walkway to the showers will be marked with signs so that you can easily find.

Award ceremony

Raffle of gift cards for start numbers takes place at the stage in Ekaparken at the finish area at 18.00 for all classes.

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